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(71) Applicant (for all designated States except US):	SOCIETE DES PRODUITS NESTLE S.A. [CH/CH]; Case postale 353, CH-1800 Vevey (CH).	
(72) Inventors; and		
(75) Inventors/Applicants (for US only):	BALLEVRE, Olivier [CH/CH]; Avenue du Temple 17B, CH-1012 Lausanne (CH). BOVETTO, Lionel [FR/FR]; St. Thomas-Larringes, F-74500 Larringes (FR). CHARRIER-BROMONT, Sophie [FR/FR]; 7, rue Haute, F-63730 Corent (FR). GRIZARD, Jean [FR/FR]; 46, rue des Montagnards, F-63400 Chamalières (FR). MAIRE, Jean-Claude [CH/CH]; 1, chemin de Rueyres, CH-1092 Belmont sur Lausanne (CH).	
(74) Common Representative:	SOCIETE DES PRODUITS NESTLE S.A.; Patent Dept., Case postale 353, CH-1800 Vevey (CH).	

(54) Title: ORGAN SPECIFIC NUTRITION

## (57) Abstract

A method for promoting the growth or recovery of a selected organ in a mammal. A nutritional formula containing a source of dietary protein in a form for increasing the protein concentration or rate of protein synthesis in the selected organ, is administered to the patient. The dietary protein is in the form of protein hydrolysate, a peptide mixture isolated from protein hydrolysates, or free amino acids, or combinations thereof.